WEBVTT

1

00:00:00.275 --> 00:00:02.925

When it comes to improving mental health care for children

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00:00:02.945 --> 00:00:06.365

and youth, one voice matters just as much as research

3

00:00:06.385 --> 00:00:07.645

and clinical expertise.

4

00:00:08.465 --> 00:00:10.485

The voice of those with lived experience

5

00:00:10.945 --> 00:00:12.245

At the Precision Child

6

00:00:12.265 --> 00:00:14.325

and youth mental health, also known

7

00:00:14.345 --> 00:00:17.685

as the P-C-Y-M-H Collaboratory, patients

8

00:00:17.705 --> 00:00:19.885

and families aren't just consulted.

9

00:00:20.035 --> 00:00:21.125

They're part of the team.

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00:00:21.725 --> 00:00:22.805

A caregiver and youth

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00:00:22.805 --> 00:00:26.565

with lived experience sit on the executive team helping

12

00:00:26.735 --> 00:00:29.565

guide the direction of the entire collaboratory.

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00:00:30.505 --> 00:00:31.925

And every research

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00:00:31.945 --> 00:00:35.605

and care transformation project includes individuals

15

00:00:35.675 --> 00:00:40.045

with lived experience, their insights help shape

16

00:00:40.105 --> 00:00:44.485

how research and care is designed, delivered, and improved.

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00:00:45.135 --> 00:00:47.565

These partners bring more than stories.

18

00:00:48.475 --> 00:00:52.605

They bring deep personal expertise that helps

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00:00:53.145 --> 00:00:57.925

us ground each step in what really matters to kids, teens,

20

00:00:58.025 --> 00:01:01.045

and their families, their voices make sure

21

00:01:01.045 --> 00:01:05.765

that solutions aren't just innovative, they are also

22

00:01:06.325 --> 00:01:08.445

relevant, practical, and compassionate.

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00:01:09.305 --> 00:01:12.765

By working together, researchers, clinicians, and caregivers

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00:01:12.765 --> 00:01:15.525

and youth are building a future

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00:01:15.975 --> 00:01:18.205

where mental healthcare is more inclusive,

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00:01:18.995 --> 00:01:20.445

effective, and more human.

27

00:01:21.425 --> 00:01:25.685

And this is how real change happens from the

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00:01:26.025 --> 00:01:30.125

inside out with the people who've lived it, leading the way.

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00:01:30.625 --> 00:01:33.085

The P-C-Y-M-H Collaboratory is made

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00:01:33.315 --> 00:01:35.565

With, and for children and youth.